

1. MONOLOGUE

PIRMOJO POROS KANDIDATO

Time: 3–4 minutes

Topic: **Comfort & Challenge**

Task: Read the statement and answer the questions below.

John F. Kennedy, The former President of the USA, once suggested that people sometimes choose to do things not because they are easy, but because they are hard.

- What is your reaction to the content of the statement? Justify your answer by explaining why.
 - In what ways can a preference for comfort shape young people's development, and to what extent is this effect positive or limiting?
 - How could young people be encouraged to step outside their comfort zones, and why would this be effective?
- ❖ *Additional question: Do you think comfort has become more important for today's generation of young people than previous generations? Why or why not?*

1. MONOLOGUE

ANTROJO POROS KANDIDATO

Time: 3–4 minutes*Topic:* **Efficiency & Well-Being***Task:* Read the statement and answer the questions below.

Some people believe that in modern life, being busy is often seen as more important than taking time to think and reflect.

- What is your reaction to the content of the statement? Justify your answer by explaining why.
- How does the expectation of constant efficiency influence people's daily habits and priorities?
- How could people protect their well-being while still being productive, and why would this be effective?
- *Additional question: Do you think future generations will value efficiency more than well-being? Why or why not?*

2. DIALOGUE

KANDIDATŲ POROS

Time: 4–5 minutes*Topic:* **Posting Constantly: Self-expression or Image Management?**

Situation: Together with your partner, you are taking part in a creative lab for young content creators. You are working to prepare an educational podcast that addresses the topic above and why it is relevant to your generation. The podcast should last ten minutes and offer practical and convincing advice.

Task: In your discussion, exchange the following information:

- consider why the topic matters,
- explore **both** perspectives on the topic,
- agree on at least one piece of advice young people could follow, and justify why this advice would be helpful.

Candidate 1 starts the conversation.